



No one may add or subtract from the official requirements found in the **Cub Scout Webelos Handbook**. Requirements were revised in December 2016. This workbook was updated in September, 2018.

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Please submit errors, omissions, comments or suggestions about this **checklist** to: Workbooks@USScouts.Org
Comments or suggestions for changes to the **requirements** should be sent to: Advancement.Team@Scouting.Org

Webelos Scout's Name: _____ Pack No. : _____

Source for requirements Cub Scout Webelos Handbook (#34754 - SKU 646430)

This adventure is required to earn the Webelos Badge.

Complete Requirements 1 and 2 below. Requirement 3 is optional.

☐ 1. Plan a menu for a balanced meal for your den or family.

[illegible]

- ☐ **Determine the budget for the meal.**

- ☐ **If possible, shop for the items on your menu. Stay within your budget.**

What did you buy, and how much did it cost?

Purchases	Cost

☐ 2. Prepare a balanced meal for your den or family.

☐ If possible, use one of these methods for preparation of part of the meal: camp stove, Dutch oven, box oven, solar oven, open campfire, or charcoal grill.

Method used: _____

What did you prepare?

☐ Demonstrate an understanding of food safety practices while preparing the meal.

☐ 3. Use tinder, kindling, and fuel wood to demonstrate how to build a fire in an appropriate outdoor location. If circumstances permit and there is no local restriction on fires, show how to safely light the fire, under the supervision of an adult. After allowing the fire to burn safely, safely extinguish the flames with minimal impact to the fire site

When working on Cub Scout Advancements and awards, Cub Scouts, their parents, and Scouters should be aware of some vital information in the current edition of the *Guide to Advancement* (BSA publication 33088). Important excerpts from that publication can be downloaded from <http://usscouts.org/advance/docs/GTA-Excerpts-Cub.pdf>.

You can download a complete copy of the *Guide to Advancement* from <http://www.scouting.org/filestore/pdf/33088.pdf>.